Suggestions for a questioning concerning the perinatal period and early infancy

This period isn’t systematically investigated.

Yet, an extensive questioning is the best way to know a patient.

It would highlight the wide range of familial or hereditary pathologies without confining to the current pathology the patient is consulting for.

There is an “omerta” on mental disease, family tragedies, suicides and addictions.
An alcoholic “granpa” is not very flattering less honorary on a family tree.

Are there strictly mental diseases without any physical associated revealing sign?
How could the disease be physically visible in the following generations?( alternation of physical and mental symptoms)

The events which have occurred during the neonatal period and the early infancy, can influence the adult’s life.

The pediatricians know that a child, brought up in a hearty warm surrounding stand a good chance to have a normal behavior and to be rarely ill ,and become a well balanced adult.

In trials, psychological destitution during childhood is called up as an argument for mitigating circumstances.
It’s well known that some pathologies in the adult may be the far off consequence of disorders appeared during the neonatal period such as HTA or diabetes in small for date babies.
**Family history**

Are your parents and grandparents still alive?  
If not, what is the cause of the death?  
What are the frequent diseases in your family?  
Can you precise?  
Tuberculosis  
Cancers  
Cardiovascular diseases, HTA, diabetes  
Arthritis  
Mental disease  
Suicide  
Addiction, drugs  
Alcoholism

**Pregnancy**  
Adult: what did your mother tell you about it know about it?  

Children: Mother’s says  
What append during your pregnancy?  
Did you get serious events as:  
  - Severe vomiting  
  - Unusual and pronounced wanting for some meal  
  - Mood modification (precise)  
  - Shocks, traumatisms?  
  - Grief, bereavement, vexation, how did you react?  
Medications

**Parturition and lactation**  
Striking events

**Hospitalization**  
Neurological findings  
Medications: corticoids, opioids, antibiotics  
Kangaroo care

**Childhood**  
Relate what happened during your childhood  
How where the relationship between your parents?
With your sisters and brothers? How was the ambiance in the family?
Serious events can had deeply affect you: can you speak about it?

COMMENTS

This questioning may be conducted only once

It is confidential and must be kept in a hidden place

This approach allows the doctor to understand his patient; the patient he will tell him may initiate the therapy
These symptoms will be precious to the homeopath to find the remedy the patient need.
This questioning is a complement to the Hahnemann’s questioning actualized by JF Paille and E.Broussalian in the translation from the Kent’s repertory
A comprehensive examination from the head to the feet, noting tiny details complete the questioning

The clinical observation is then complete
With the data-processing tool available now, it’s a tool for clinical research

CONCLUSION

It’s during childhood, that many people have their first spiritual experience of happiness in the magic, sacred place they live as a child
The joy, the play spirit the curiosity we have known may become the starting point of a marvelous discovery
If our relationship with the parents is love and respect, all the others relationship will also be based on trust and respect
XIV° Dalai Lama

Events occurring during the perinatal period and early infancy “format” the behavior and induce diseases
A child must grow up in the cheerfulness!
Easy to say!

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